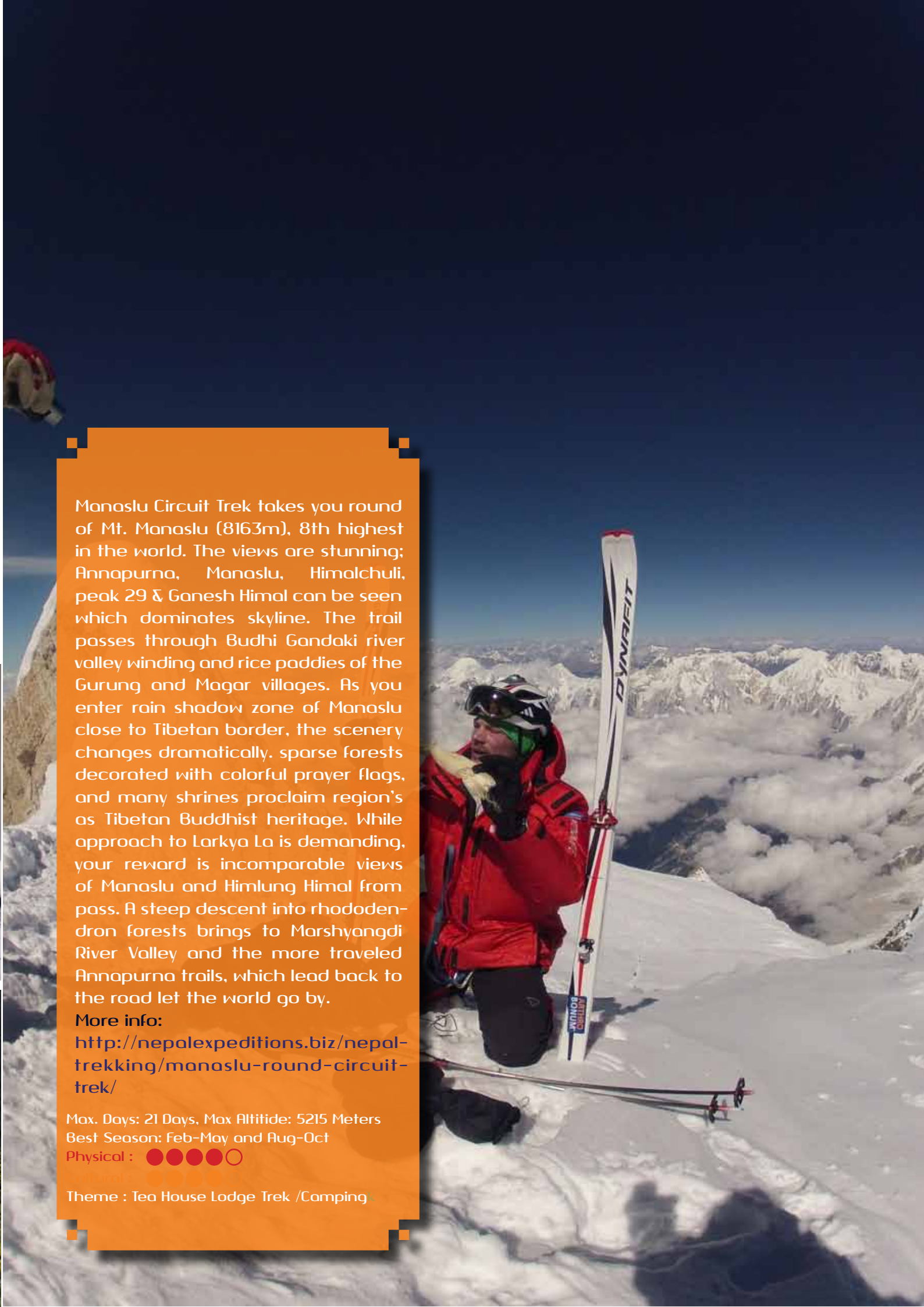




Wilder
MANASLU

Trek Details and Facts



A person wearing a red jacket, a white helmet with goggles, and black pants is standing on a snowy mountain peak. They are holding a pair of white skis with 'DYNAFIT' written on them. The background shows a vast, snow-covered mountain range under a clear blue sky. The person's shadow is cast on the snow in the foreground.

Manaslu Circuit Trek takes you round of Mt. Manaslu (8163m), 8th highest in the world. The views are stunning; Annapurna, Manaslu, Himalchuli, peak 29 & Ganesh Himal can be seen which dominates skyline. The trail passes through Budhi Gandaki river valley winding and rice paddies of the Gurung and Magar villages. As you enter rain shadow zone of Manaslu close to Tibetan border, the scenery changes dramatically, sparse forests decorated with colorful prayer flags, and many shrines proclaim region's as Tibetan Buddhist heritage. While approach to Larkya La is demanding, your reward is incomparable views of Manaslu and Himlung Himal from pass. A steep descent into rhododendron forests brings to Marshyangdi River Valley and the more traveled Annapurna trails, which lead back to the road let the world go by.

More info:

<http://nepalexpeditions.biz/nepal-trekking/manaslu-round-circuit-trek/>

Max. Days: 21 Days, Max Altitude: 5215 Meters

Best Season: Feb-May and Aug-Oct

Physical : ●●●●○

Category :

Theme : Tea House Lodge Trek /Camping



Itinerary

Day 01 : Arrival in Kathmandu

Day 02 : Preparation and sightseeing day in Kathmandu.

Day 03 : Drive to Annapurna by private vehicle.

Day 04 : Trek to Soti Khola (775m) 6 hrs.

Day 05 : Trek to Machha Khola (900m) 5-6 hrs.

Day 06 : Trek to Jagat (1340m) 6 hrs.

Day 07 : Trek to Ngyak (2310m) 6 hrs.

Day 08 : Trek to Ghap (2100m) 6 hrs.

Day 09 : Trek to Lho (3200m) 6hrs.

Day 10 : Trek to Sama Gaon (3500m) 6 hrs.

Day 11 : Trek to Samdo (3850m) 5 hrs.

Day 12 : Acclimatization and exploration day.

Day 13 : Trek to Dharamsala / Larkya Phedi (4460m) 4 hrs.

Day 14 : Cross Larkya La (5215m) 7-8 hours.

Day 15 : Trek to Tilje (2500m) 5 hrs.

Day 16 : Trek to Tal (1725m) 5 hrs.

Day 17 : Trek to Baundanda (1275m) 5 hrs.

Day 18 : Trek to Beshisahar. 5 hrs

Day 19 : Drive back to Kathmandu. 6-7 hrs.

Day 21 : Final Departure as a fine meal. O/N Hotel, Dinner (0)





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Informations :

www.nepalexpeditions.biz (For Treks, tours)

www.asianexpedition.com (For peak climbing, Expedition)

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