Upper Mustang trek takes you to hidden world of old Buddhist kingdom of Mustang (also called Lo), near to Tibet border. Until 1992, the area was forbidden to visit for foreigners. Not only culture, also landscape is very much related to Tibet. Mustang lies in rain shadow of Dhaulagiri and you walk in a complete desolate landscape, surrounded by rocks in all kind of colors and bizarre formations. Trek follows salt caravan trade route between Mustang and Tibet of old age. We reach Lo Manthang (capital of Upper Mustang), is a medieval town, surrounded by a huge town wall. You can find palace of king, a huge 4 story high building. When king is at home, you can even pay him a visit sometimes. From LoLa pass (3950 m) we see town shimmering in distance in the barren landscape.

More info: nepalexpeditions.biz/nepaltrekking/annapurna-base-camp-trek/

Max. Days: 17 Days, Max. Altitude: 4,135 Meters
Best Season: Feb-May and Sep-Nov
Physical: ★★★★★
Cultural: ★★★★★
Theme: Tea House Lodge Trek/ Camping Trek
Itinerary

Day 01 : Arrival in Kathmandu, Trip briefing. Overnight at hotel
Day 02 : Drive to Pokhara (900m) 7 hrs.
Day 03 : Morning flight to Jomsom and trek to Kagbeni (2800m).
Day 04 : Trek to Chaile (3050m)
Day 05 : Trek to Geling (3500 m).
Day 06 : Trek to Charang (3620m).
Day 07 : Trek to Lo Manthang (3840m).
Day 08 : Visit Namgyal Gompa monastery and Tingkhar.
Day 09 : Trek to Dhi (3410m)
Day 10 : Trek to Tange (3370).
Day 11 : Trek to Tetang/ Chusang (3022m).
Day 12 : Trek to Jomsom (2713m).
Day 13 : Morning flight to Pokhara. Sightseeing and exploration
Day 14 : free day in Pokhara.
Day 15 : Drive back to Kathmandu (1345m).
Day 16 : Contigency day. Either spend at Kathmandu or Pokhara
Day 17 : Departure and farewell.
The Himalaya Adventure Specialists

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